



Tina Postel, CEO
February 9, 2023



LOAVES & FISHES

Groceries for Neighbors in Need



**Friendship
Trays**

Meals on Wheels of
Charlotte-Mecklenburg

**PROVIDING
GROCERIES,
MEALS
& HOPE**

OUR MISSION

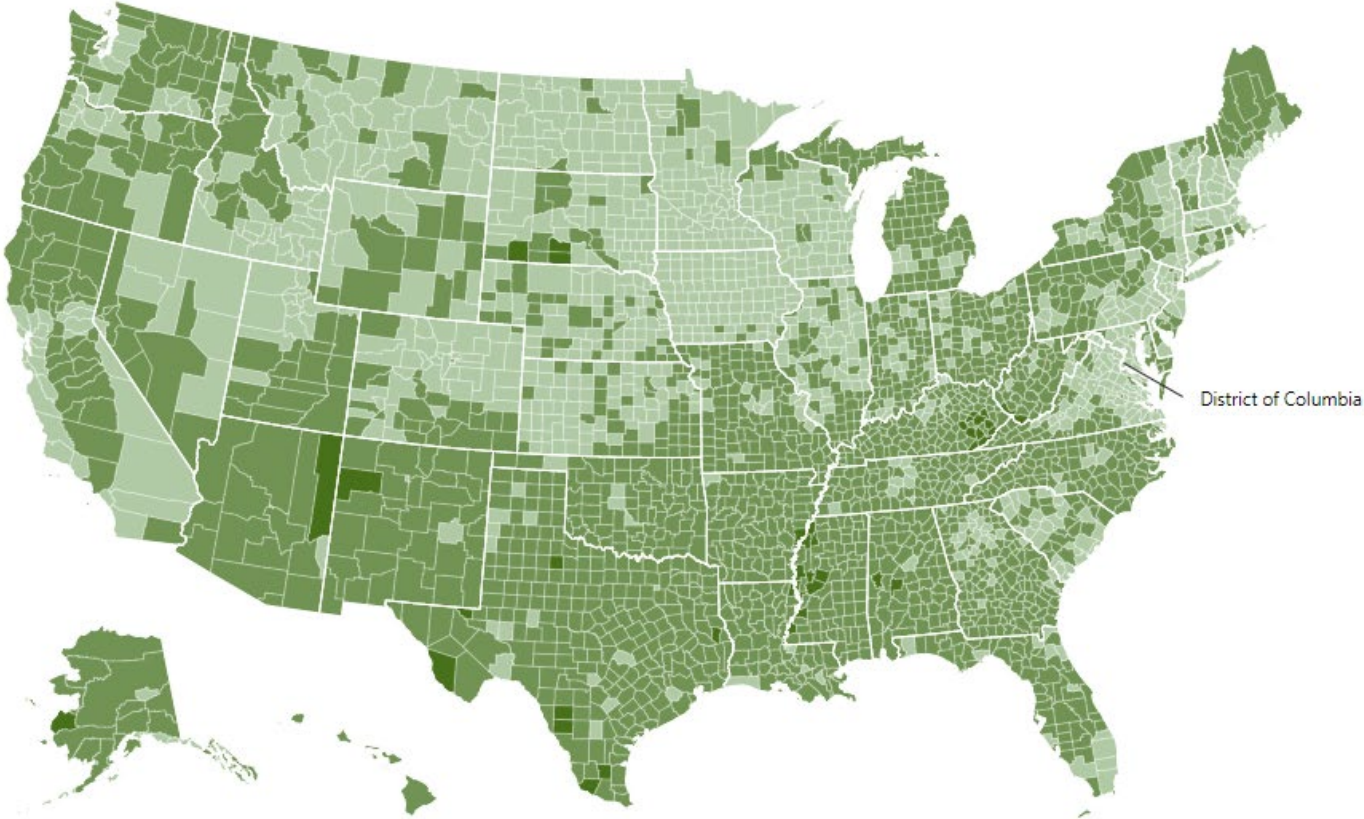
To nourish our neighbors
with food and compassion.

OUR VISION

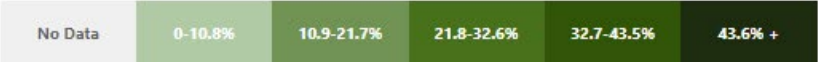
A community that accepts
no excuses for our
neighbors going hungry.



HUNGER IN THE UNITED STATES



Food Insecurity Rates ⓘ



Source: feedingamerica.org

HUNGER IN NORTH CAROLINA

In North Carolina, 1,245,870 people are facing hunger - and of them 394,300 are children.

1 in 8 people



face hunger.

1 in 6
children
face hunger.

People facing hunger in
North Carolina
are estimated to report needing

\$627,626,000

more per year to meet their food needs.

The average cost of a meal in North Carolina is \$3.13. Data from Feeding America's [Map the Meal Gap](#) study.

[Learn more >](#)



Source: feedingamerica.org

DEFINING HUNGER

- Food Insecurity
- Nutrition Insecurity
- Food Deserts*



FACES OF HUNGER: COMMON PERCEPTION



FACES OF HUNGER: REALITY



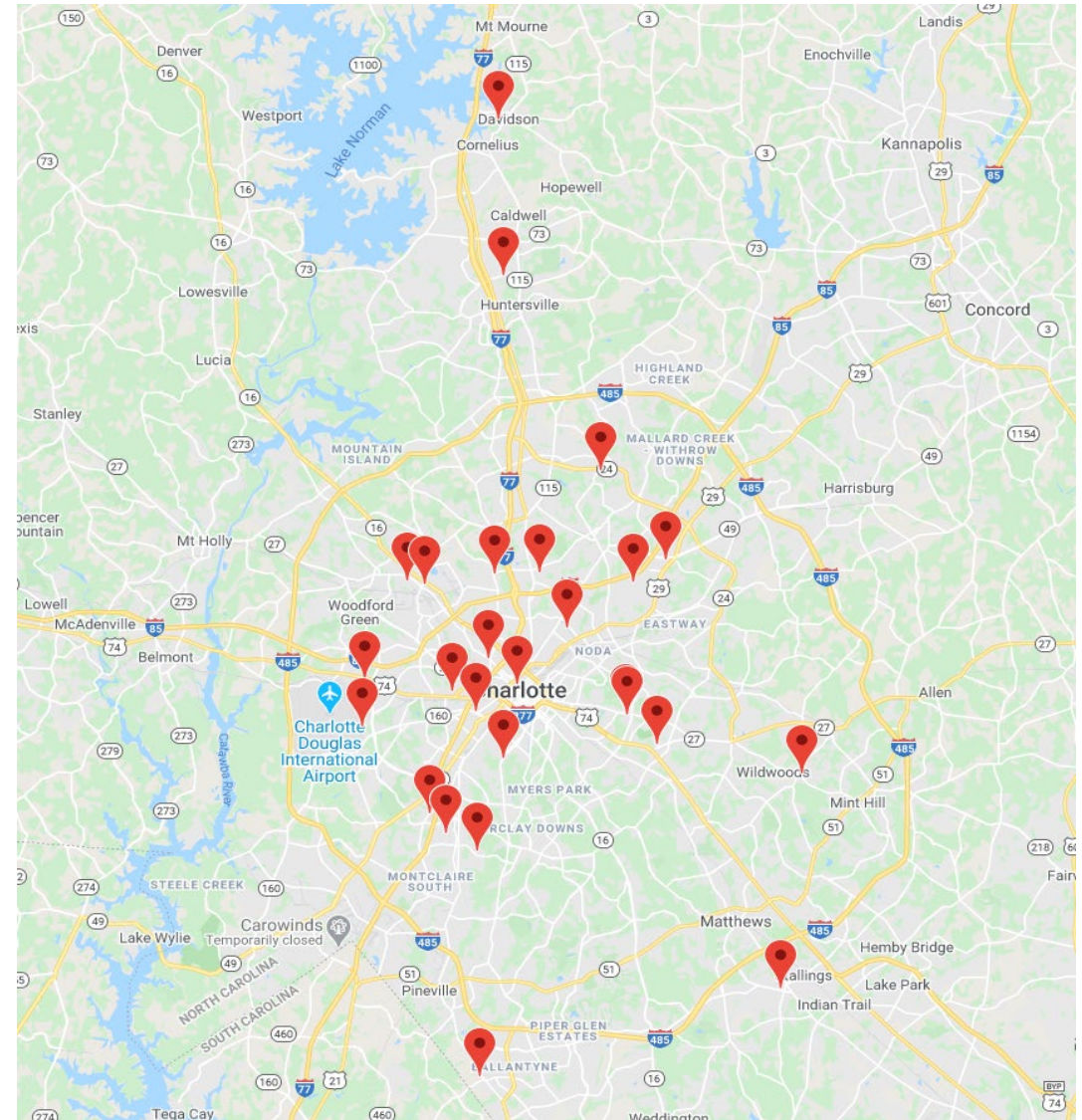
FOOD WASTE IN THE US

- Each year 119 billion pounds of food is wasted in the US
- Nearly 40% of all food in America is wasted
- Not a food problem but rather a distribution problem
- Education on "best by", "sell by" and "expiration dates"
- Client choice reduces waste



WHO WE ARE

- Largest pantry network in North Carolina
- Primary Meals On Wheels program for Mecklenburg Co.
- Almost half of our clients are children and seniors
- Distributed over 3 million pounds of food last year
- Volunteer base of more than 4,000 people





2022 Year in Review



Food Pantries

Provided nutritious groceries to **106,547** neighbors.
Half were children and seniors.



Meals on Wheels

Delivered **133,662** nutritiously prepared meals
through our Meals on Wheels program.



Pop Up Food Shares

Distributed excess fresh produce and perishable food
items to **65,835** neighbors.



Grocery Home Delivery

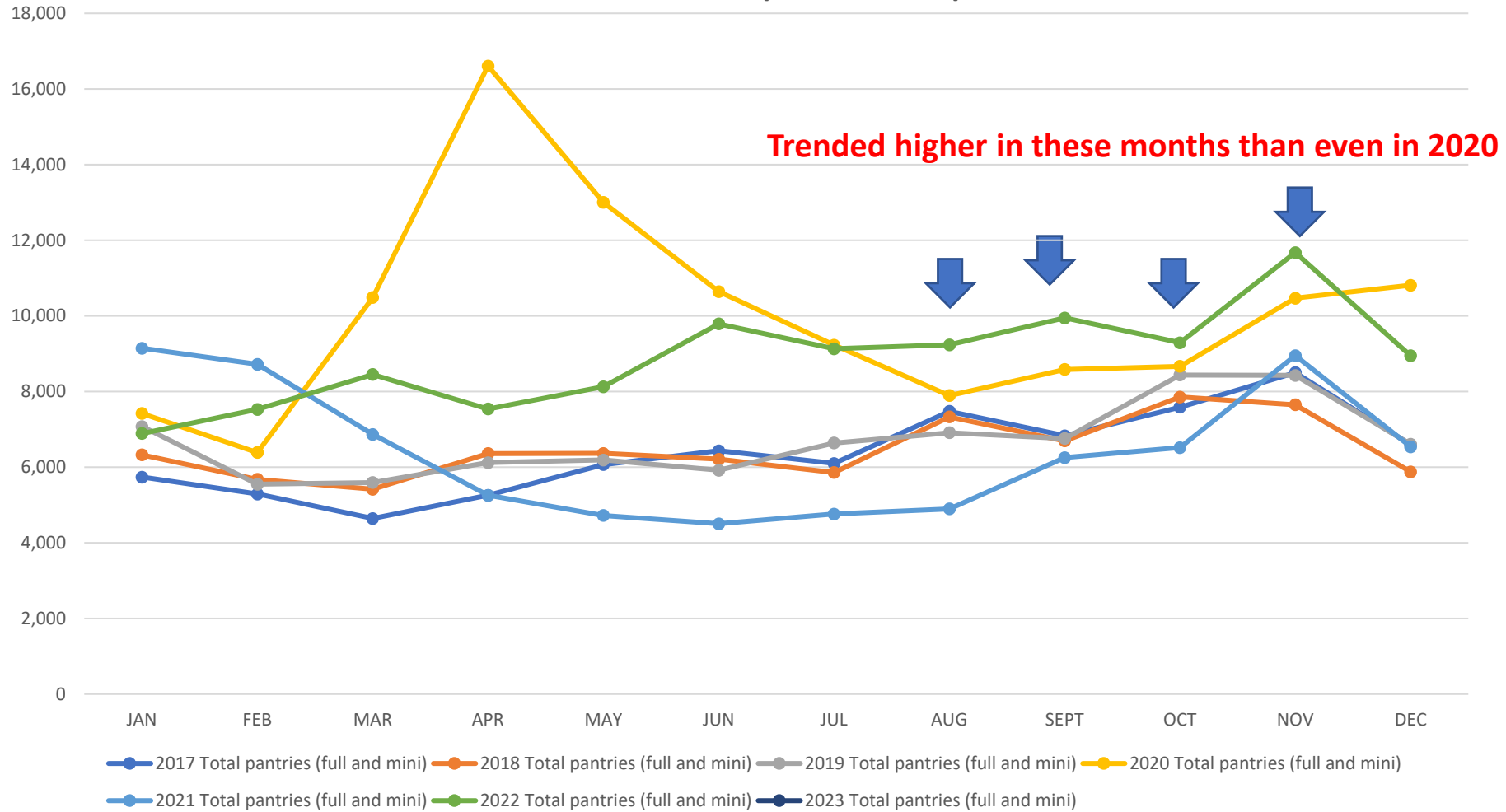
Delivered a week's worth of nutritious groceries directly
to the homes of **20,499** neighbors.



Social Services Team

Our staff Social Services team connected **11,924**
neighbors to food and additional services.

LOAVES & FISHES TOTAL PANTRY (FULL & MINI) CLIENT SERVICE NUMBERS



OVERVIEW OF SERVICES

GROCERIES

- Network of emergency food pantries serving Mecklenburg County.
- Providing 7-day supply of nutritionally balanced groceries
- Mobile Food Pantries
- Mobile Food Pharmacies
- Home Grocery Delivery
- Fresh produce distributed through Pop Up Food Shares
- Specialty diets for chronic health conditions



OVERVIEW OF SERVICES

MEALS

- Primary Meals On Wheels program for Mecklenburg County.
- Daily delivery of nutritious meals for elderly and infirm
- Specialty diets for chronic health conditions
- Low cost
- Providing human connection for isolated and lonely individuals and peace of mind for their families





INITIATIVES

- Online Grocery Ordering Platform – FoodStorm from Instacart
- Food Pharmacy program
- On Staff Social Services team
- Food Navigators Team



NourishMeck – A Hunger Hub for Hope

- 90,000 Square Foot Facility to accommodate our newly expanded organization and growing food needs.
- An innovative, collaborative space to ensure everyone in our community has access to fresh, nutritious food

YOU CAN HELP

- **Donate** -
loavesandfishes.org/donate-today
- **Volunteer** –
loavesandfishes.org/get-involved
- **Advocate** – make food insecurity a priority; 1 in 6 children experience hunger in North Carolina
- **Connect**– help is only a phone call away for anyone you know who is in need. 704.523.4333



THANK YOU

Questions?

www.loavesandfishes.org

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