



# Unlock Your Potential with Professional Coaching

Welcome and Thank You for Attending  
February 24, 2026





# Welcome and Introductions

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# Agenda

What is Coaching?

How Can I Use My Coach?

What to Expect

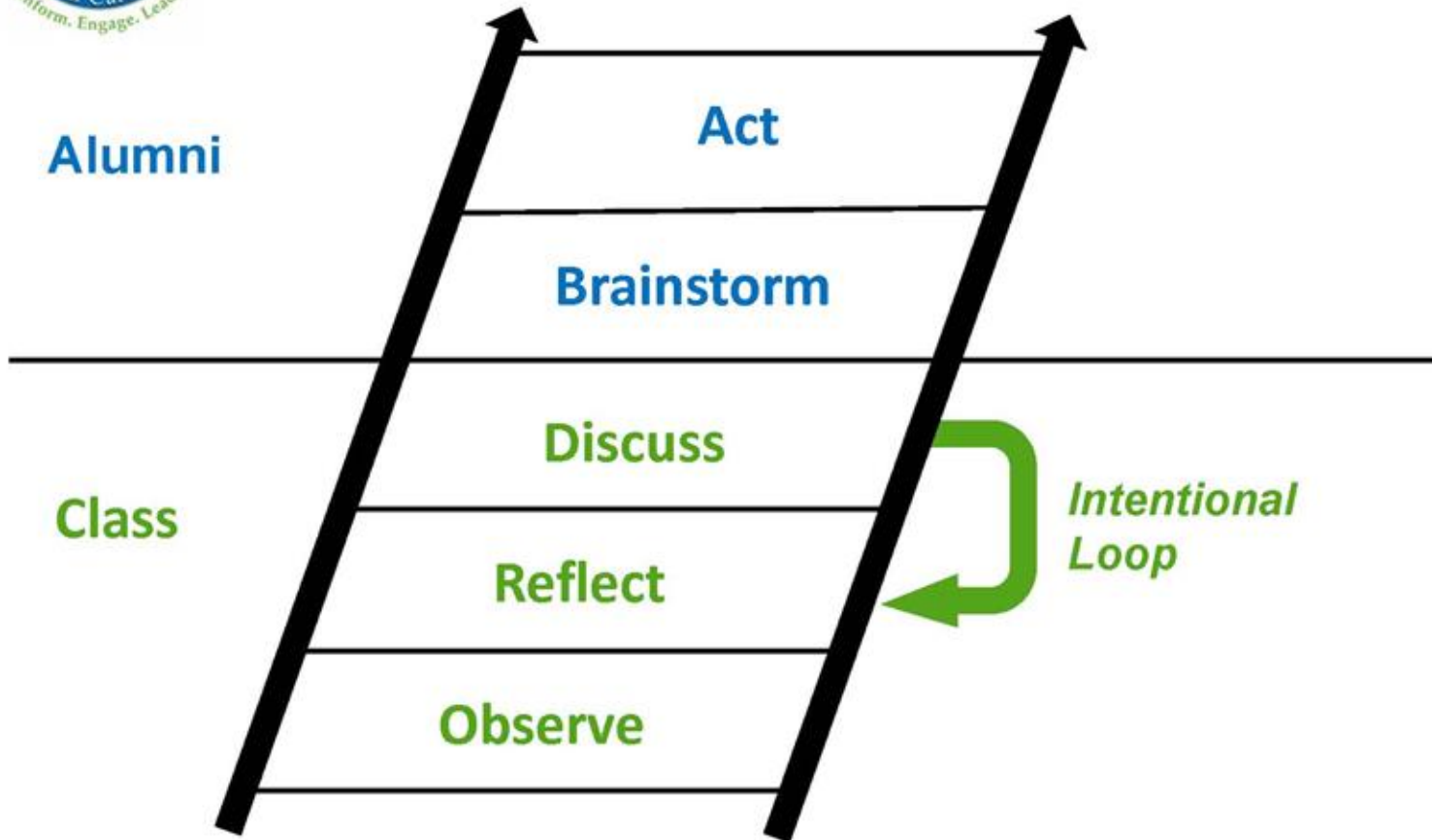
Timeline

What are Your Questions?

Next Steps



# LNC Learning Model



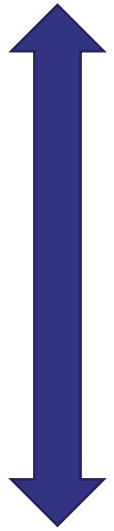
**Congrats!**

What is your biggest challenge as you transition from the **Green** to the **Blue**?



# Coaching vs Other Activities

*Directive*



**Managing** – working with team members to accomplish daily tasks and meet organizational goals

**Leading** – guiding in a direction and motivating team members to work toward a vision

**Mentoring** – sharing knowledge and wisdom to educate and develop a less experienced individual

**Coaching** – facilitating growth and change by evoking an individual's own resourcefulness

*Participative*

## How can I use my coach?

- To develop my leadership presence in a focused and authentic way
- To live a more balanced and fulfilling life
- To take my company to the next level
- To address business problems that need solving
- To manage conflict more effectively
- To improve health and a sense of well-being
- To address an unsatisfying career
- To go into business for myself





# LNC Coaching Timeline

**Sign-up for Coaching**  
By April 10

**30-minute "Coaching Chemistry" Session**  
By May 29

**Coaching Session 1\***

**Coaching Session 3\***

**Matched with Your Coach**  
By May 8

**Sign Coaching Agreement**  
By June 5

**Coaching Session 2\***

**Closeout Coaching Engagement**  
By September 15

# What are your questions?

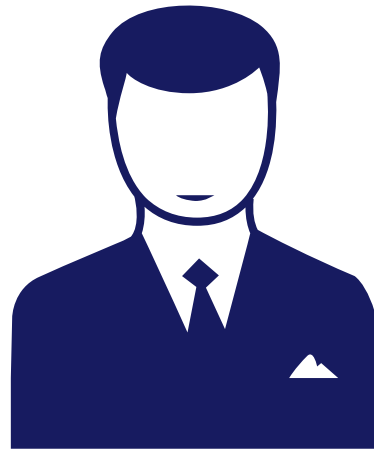
*Do I have time for this?*

*I'm not sure what to "work on".*

*Can I really make progress in 3 months?*



Raleigh Area  
Charter Chapter



Charlotte Area  
Charter Chapter



# Ready to Give It a Try?

- Visit the [LNC Coaching Partnership Page](#)
- Complete the [Form](#) by **April 10**
- You will be matched with a coach by **May 8**
- Access more resources on “What is Coaching?” and “Getting the Most from Coaching” at: [LNC Coaching Partnership Page](#)



# Thank you!

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