

# Welcome to TROSA!





### What is TROSA?

A licensed, evidence-based, long-term residential recovery program

Founded in 1994 with only 13 residents

During FY 2020-2021, we served 756 men and women



#### **TROSA Services**

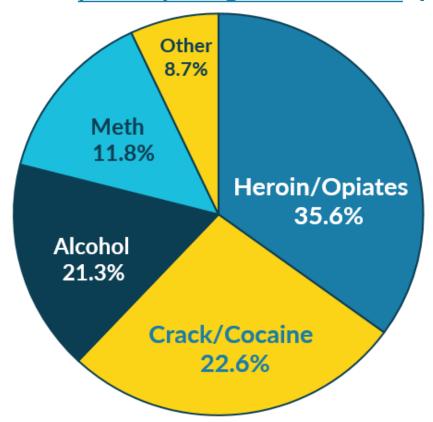
# Provided at **no cost** to the individual:

- Housing, Food, Clothing & Daily Needs
- Healthcare
- Mental Health Services
- Vocational and Life Skills Training
- Continuing Care for Graduates, including housing, transportation, and support



### **Primary Drugs of Addiction: FY 20-21**

TROSA residents' primary drug of addiction upon admission:



67% TROSA residents reported multiple drugs of addiction





# Ways We Serve: FY 20-21



More than 400,000 meals served



Over 148,000 days of stable, safe, sober housing



More than 9,000 medical visits coordinated



113 driver's licenses received



58 residents took GED classes



Nearly 400 residents received one-on-one counseling or psychiatric appointments to supplement daily therapeutic care



# Importance of Long-Term Treatment

	U.S.	TROSA
Median Length of Stay in Long-Term Treatment ("Long-Term" is defined as > 30 days)*	39 days	407 days
Short-Term Completion Rate (30 days or less)	53%	74%

Length of Stay Source: Substance Abuse and Mental Health Services Administration, Treatment Episode Data Set (TEDS): Discharges from Substance Abuse Treatment Services. BHSIS Series S-86, HHS Publication No. (SMA) 16-4988. Rockville, MD. Released by Substance Abuse and Mental Health Services Administration, 2017.



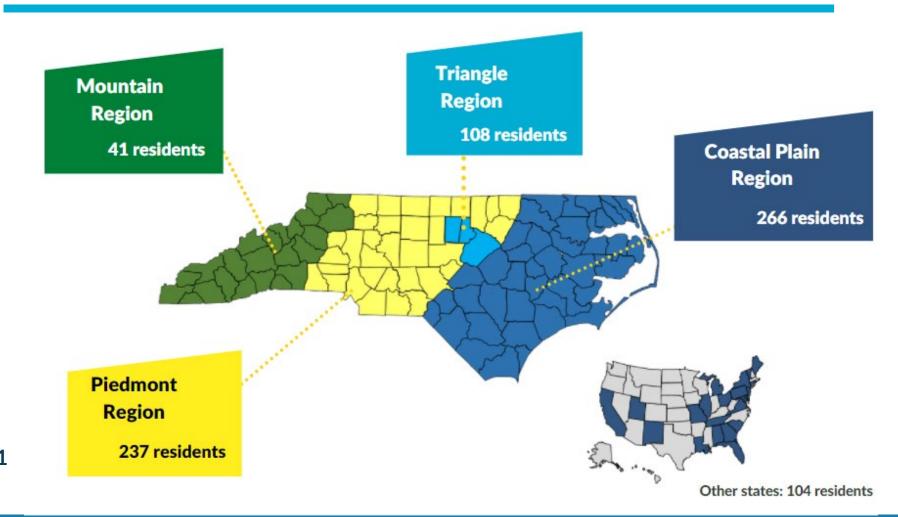
#### Who We Serve

#### Admissions Data Collected at Intake FY 20-21

- 86% uninsured/without Medicaid
- 87% have been incarcerated
- 65% have a felony record
- 24% no high school diploma or GED
- 46% report being homeless prior to TROSA and/or anticipate homelessness if not accepted to TROSA's program



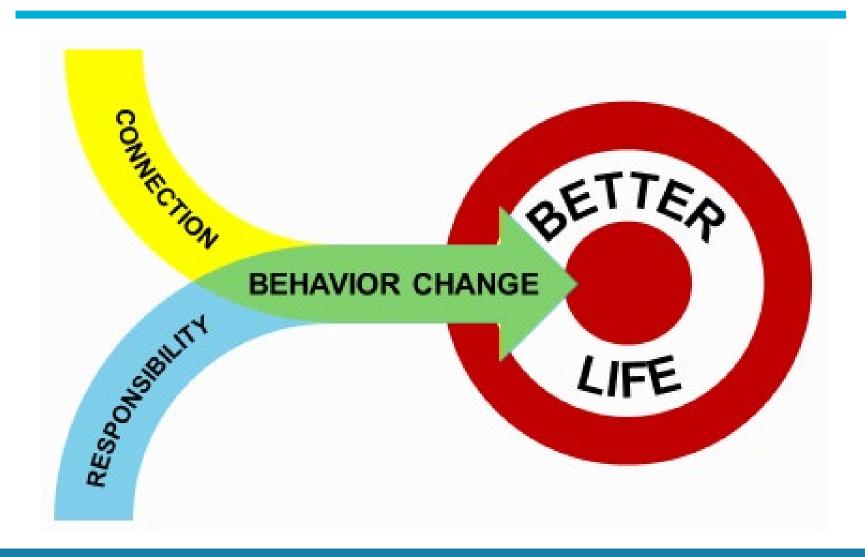
# Serving all North Carolinians and the U.S.



Map shows FY 20-21 resident population



# **TROSA Behavior Change Model**

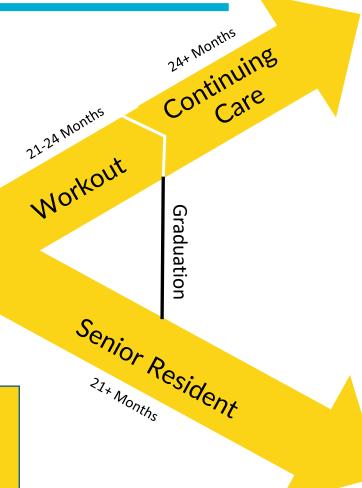


# **Program Stages**



# at 21 MONTHS...

Last year, nearly 50% of residents chose to continue TROSA's program as a Sr. Resident and 50% chose our Workout track





#### **Graduate Outcomes**

- 96% obtained employment by graduation
- 96% of most recent graduates maintained recovery one year after graduation
- 91% of most recent graduates remained employed one year after graduation
- 98% had no new criminal convictions within one year of graduation





# Statewide Impact

# According to a 2017 study by RTI International,

# TROSA saves North Carolina at least \$7.4 million each year

by preventing arrests, incarceration, and emergency hospital visits.

Source: Economic Benefits of the Triangle Residential Options for Substance Abusers (TROSA) Program to the State of North Carolina. May 2017, Joel K. Cartwright, Alan Barnosky, Pamela K. Lattimore, Alexander J. Cowell.





#### **Community Assignments**

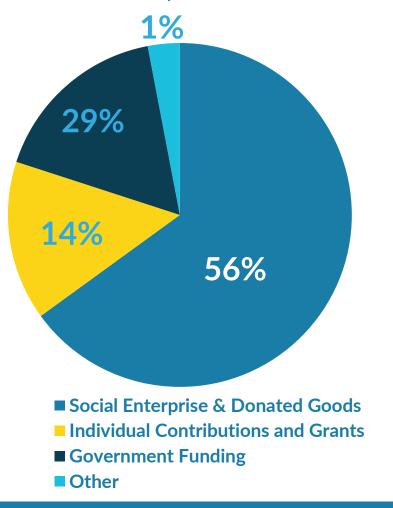
- Moving
- Construction
- Lawn Care/Maintenance
- Office Administration
- Auto/Truck Repair

- Retailing & Sales
- Picture Framing
- Finance/Accounting
- Warehousing
- Food Services/Catering

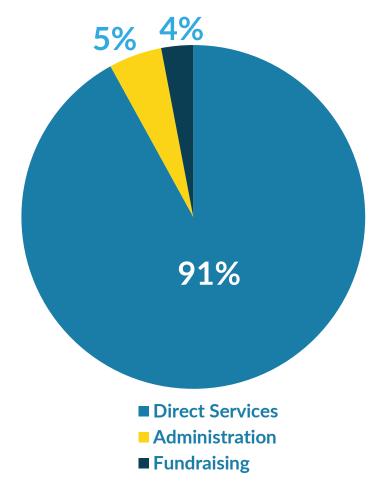


#### **Entrepreneurial and Efficient**

#### Sources of Funds (Revenue to Fund TROSA)

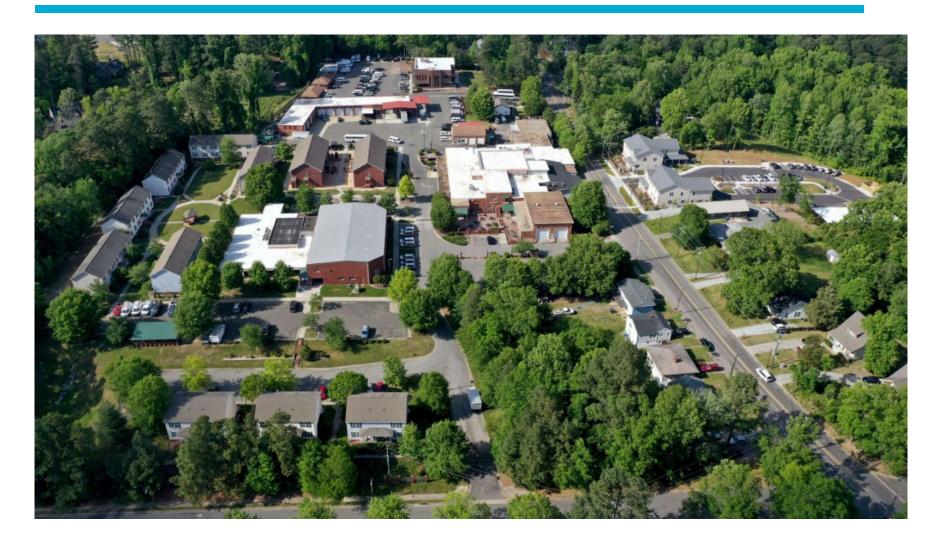


#### Uses of Funds (TROSA Expenses)





# TROSA's Durham campus





# **THANK YOU!**

# This concludes the presentation! Any questions?







