

Healthy Active Children Policy Report 2018

Summary Data from LEA
School Health Advisory Councils



Whole School, Whole Community, Whole Child A Collaborative Approach to Learning and Health





Healthy Active Children Policy

- Section 1: Local School Health Advisory Council (SHAC)
- Section 2: Whole School, Whole Community, Whole Child (WSCC) Model
- Section 3: Local Wellness Policy
- Section 4: Physical Education and Healthful Living
- Section 5: Physical Activity and Recess
- Section 6: Nutrition Services, Education and Promotion
- Section 7: Policy Monitoring

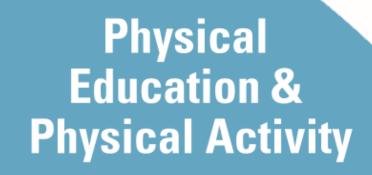


2018 HAC Policy Report Key Points

- 100% of LEAs Responded (115/115)
- 63% of SHACs met at least quarterly
- 70% of SHACs provide annual reports to their local BOE
- 66% of schools provided staff wellness programs

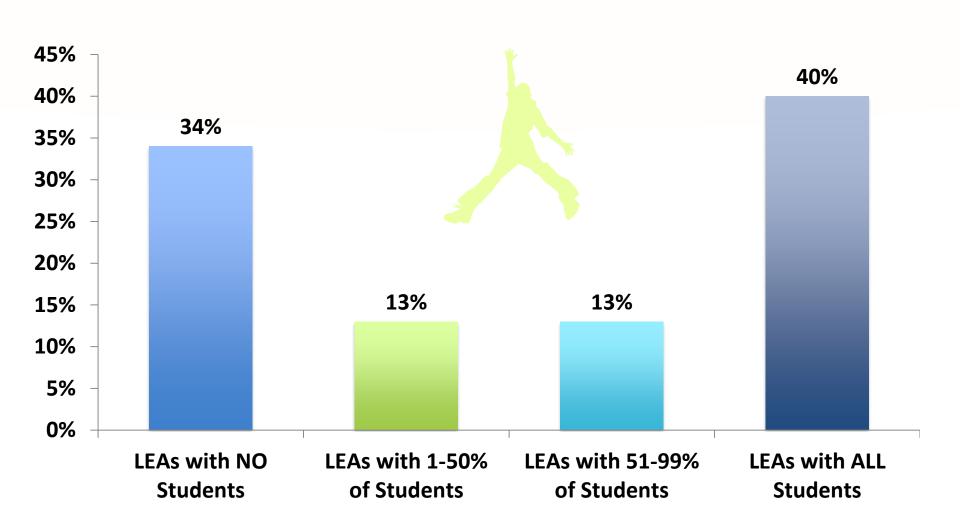








Elementary Students Receiving 150 Minutes per Week of PE Taught by a PE Specialist



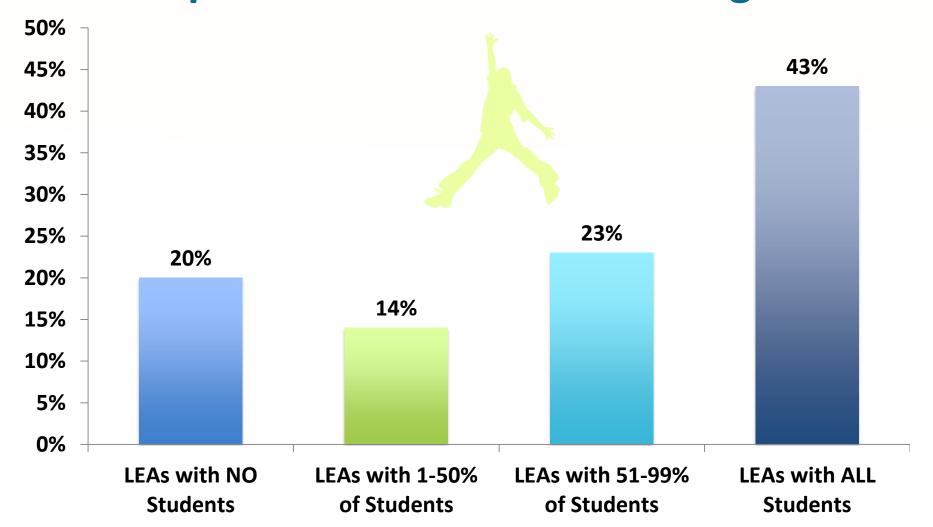


Health Education

Physical Education & Physical Activity

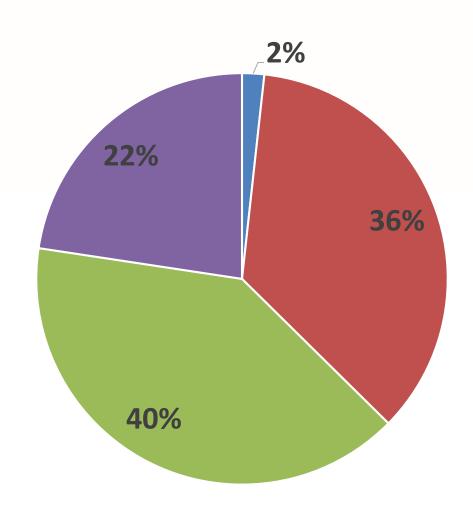


Middle School Students Receiving 225 Minutes per Week of Healthful Living





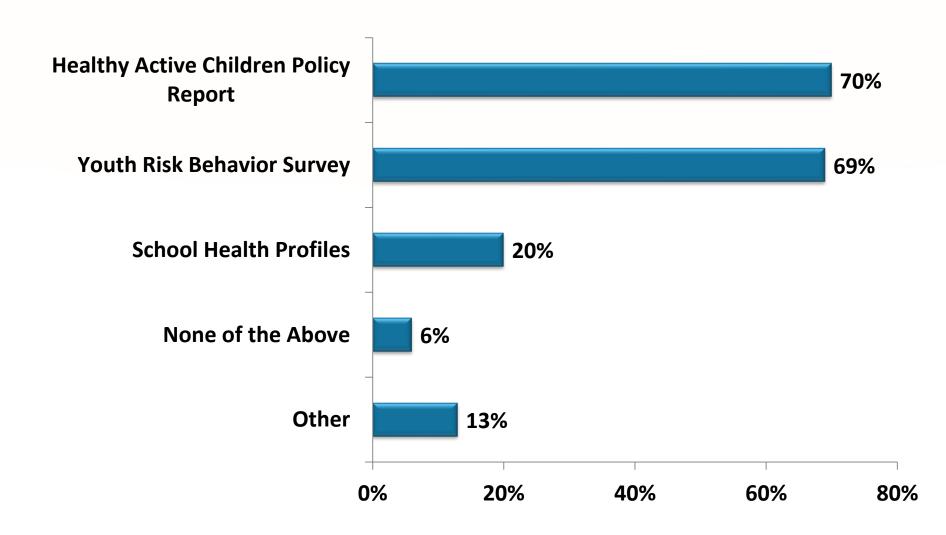
Frequency of SHAC Meetings



■ 0 Times ■ 1 to 3 Times ■ 4 Times ■ 5 or More Times



Reports Used to Inform Work



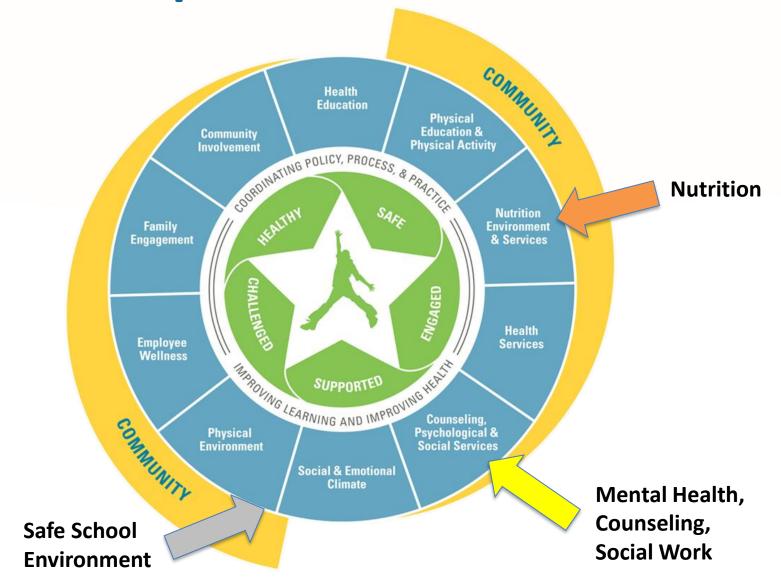


WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD





Top Areas of Focus

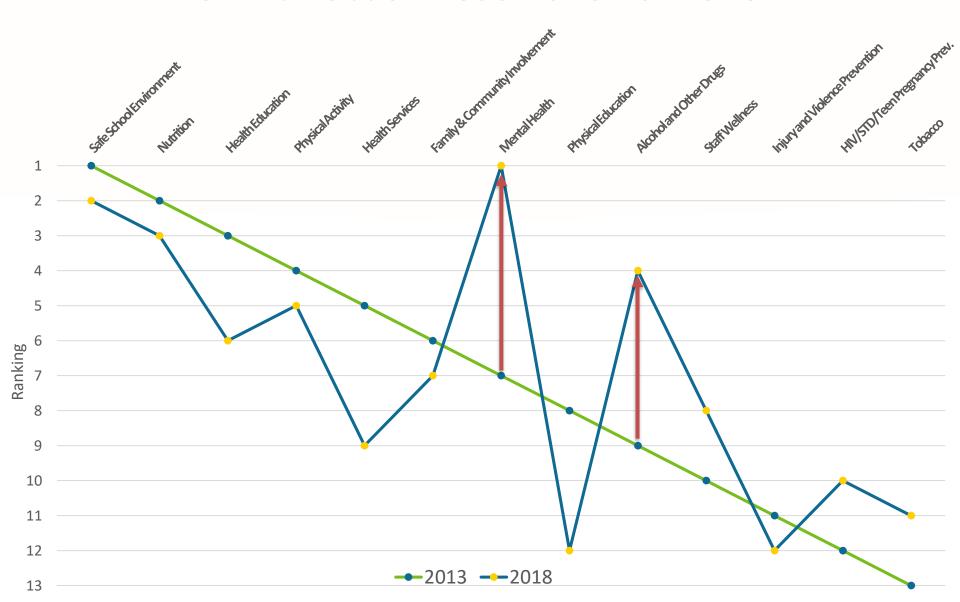








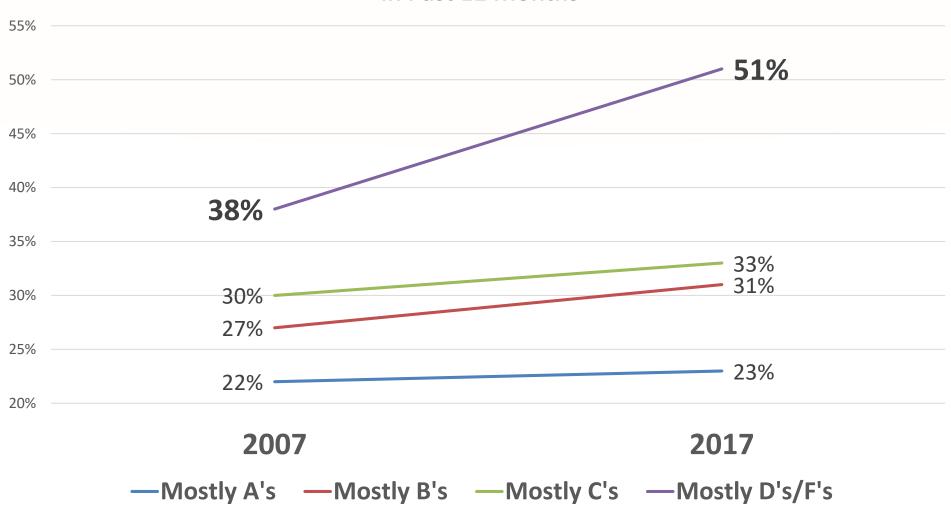
SHAC Focus Areas 2013 vs. 2018





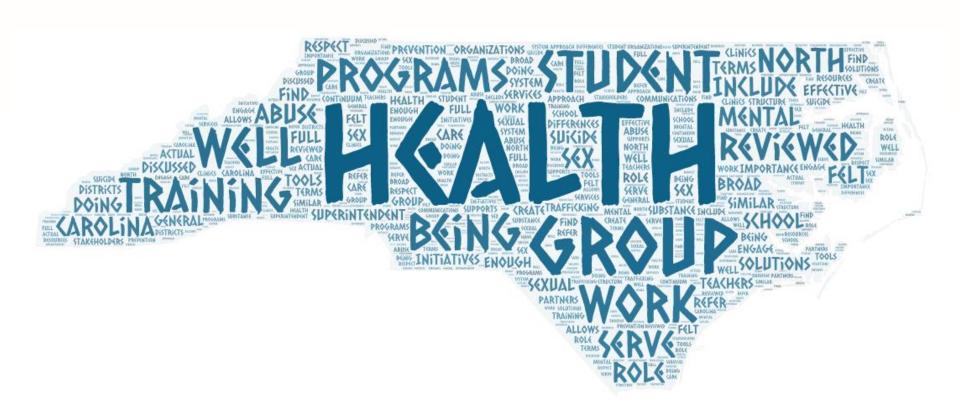
Mental Health & Academic Achievement

Felt Sad or Hopeless Almost Every Day for 2 or More Weeks in a Row in Past 12 Months

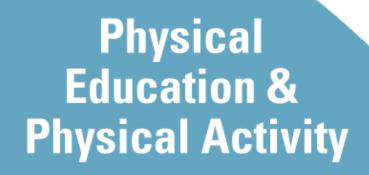




Superintendent's Work Group









ALL LEA Elementary Schools Provide 30 Minutes of Daily Moderate to Vigorous Physical Activity

95% - Yes 5% - No

Most common methods used to provide physical activity:

97%	Physical Education
95%	Recess
89%	Classroom Energizers
25%	Intramurals



ALL LEA Middle Schools Provide 30 Minutes of Daily Moderate to Vigorous Physical Activity

82% - Yes 18% - No
Most common methods used to provide physical activity:

93%	Physical Education
77%	Classroom Energizers
51%	Intramurals
43%	Recess



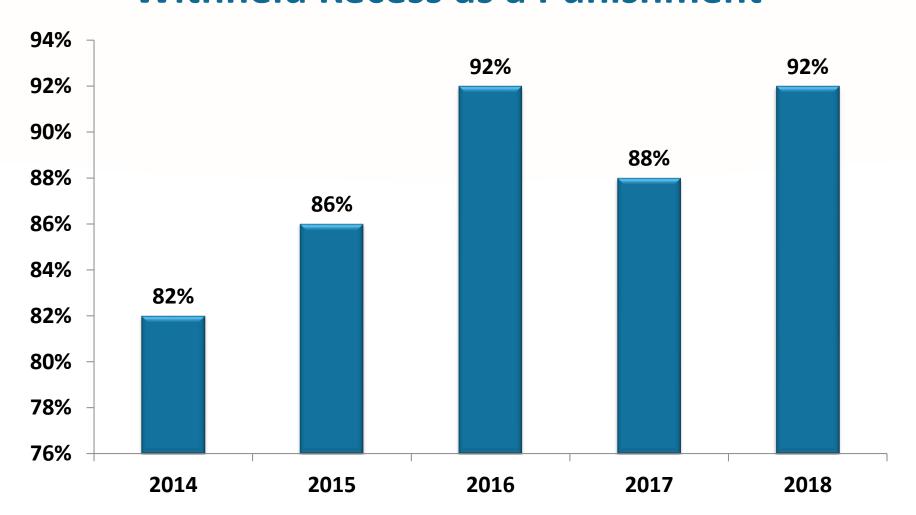
Shake, Bake, Twist, and Mist

- Earthquake ("shake") shake or wiggle.
- Volcano ("bake") squat down and jump toward the ceiling.
- Tornado ("twist") twist.
- Hurricane ("mist") imitate jogging through a strong wind.





% of LEAs in Which No School or Teacher Withheld Recess as a Punishment*



^{*}This includes staying in to make up work or to do extra work.







LEAs with Joint Use Agreements

93%

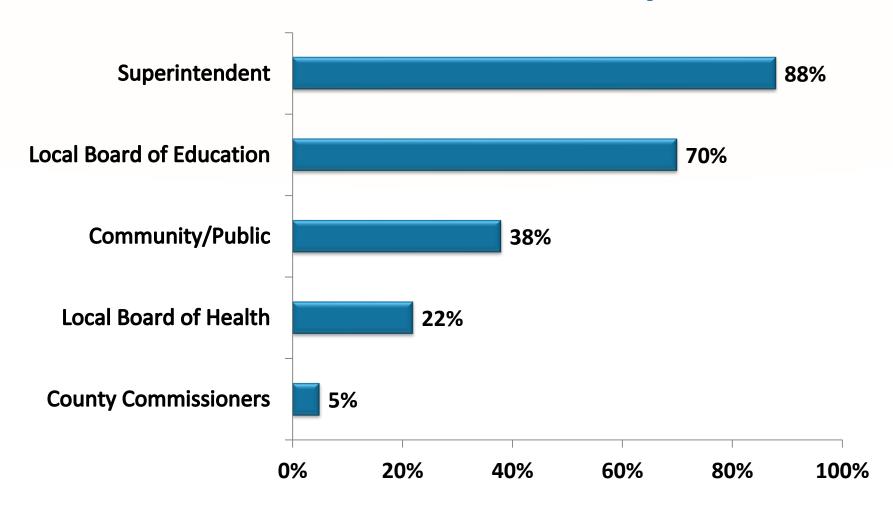
 Written Community Use of Facilities Policy

5%

 Do not have a written community use of facilities policy, but community members do use the school facilities for physical activity



Who Receives a SHAC Report?





Nutrition Environment & Services

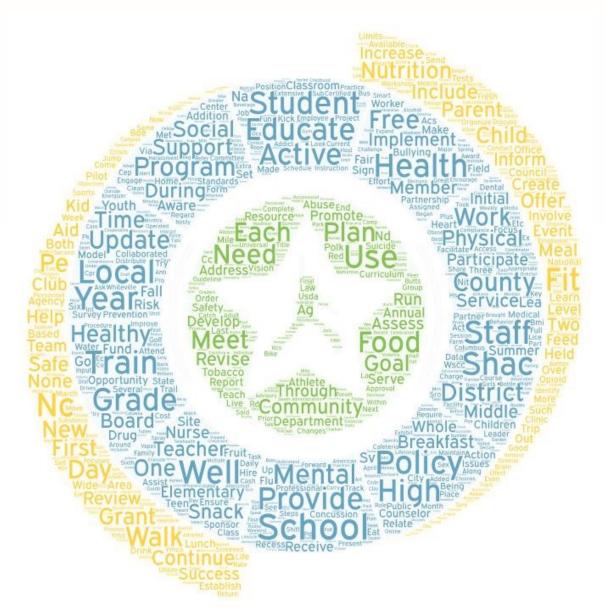


Local Wellness Policy Highlights





SHAC Successes







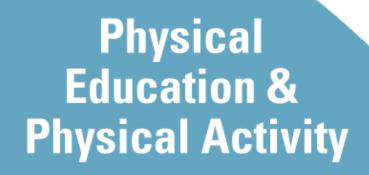






Learn. Discover. Thrive.





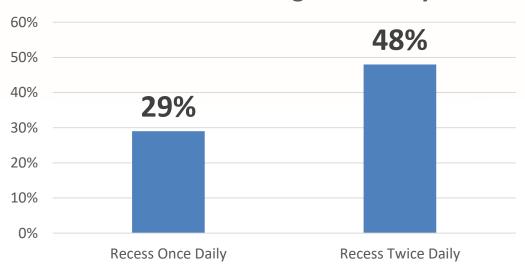


Heart of an Athlete Campaign





3rd Grade Reading Proficiency



■ 3rd Grade Reading Proficiency









Carteret County Public Schools
...where students learn, grow, and achieve!

- Signs of Suicide (SOS) implementation in all middle schools.
- Youth Mental Health First Aid training for over 300 employees of CCS.



Newport Middle School Students Address NCGA





Social & Emotional Climate



- "Society has definitely changed a lot in my 55 years here in respect to gender issues, more open dialogue, etc. Also, sex education is so important for our youth. I believe that tolerance and education are two vital tools to use in assisting our youth with their development. Also, with parents. Our kids do need allies."
 - Participant in February, 2018 Ally Training for Robeson County Schools



















Medication Take-Backs







SURRY COUNTY SCHOOLS

Lighting Pathways to Global Success











Healthy Children Learn Better!



