



Leadership North Carolina

Class XXVIII Blue Cross and Blue Shield of North Carolina Health and Human Services Session

February 2-4, 2021
Virtual

[#LNCXXVIII]

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Leadership North Carolina
Class XXVIII Blue Cross and Blue Shield of North Carolina
Health and Human Services Session
February 2-4, 2021

Zoom Links

[Tuesday Screening of "Resilience" with Facilitated Discussion](#)

[Tuesday Virtual Reception](#)

[Wednesday Program](#)

[Thursday Program](#)

Session Goals

1. Define health and human services and healthcare in North Carolina
2. Explore clinical priorities with healthcare professionals
3. Present health and healthcare disparities for various populations across North Carolina and discuss solutions
4. Define the effects of COVID-19 on health and human services and the provision of healthcare in North Carolina
5. Explore how health and human services connects to government, education, economic development, and the environment in North Carolina and highlight opportunities for engagement.

Planning Committee

David Bohm, Program Chair

Director of Development
myFutureNC
Wake

Dawn Daly-Mack, Session Co-Chair *Halifax*
ACO Care Coordinator
Rural Health Group

Virginia Knowlton Marcus *Wake*
Chief Executive Officer
Disability Rights North Carolina

TJ Newton, Session Co-Chair *Durham*
Director, Actuarial Services and Healthcare Economics
Blue Cross and Blue Shield of North Carolina

Tommy O'Connor *Guilford*
CEO, Medicare NC and SC
UnitedHealthcare

Barbara Ashford *Mecklenburg*
Director - Natural Gas Community Relations
Piedmont Natural Gas

Joanne Peters Denny *Orange*
Director of Media Relations
The University of North Carolina at Chapel Hill

Stephen De May *Wake*
North Carolina President
Duke Energy Corporation

Rachel Wade Kahungi *Durham*
Director, Specialty Field Reimbursement Manager
GlaxoSmithKline

LaPonda Edmondson *Wake*
Vice President, North Carolina Healthcare Foundation
Interim Director of Learning and Impact, Carolinas Health
Innovation Institute
North Carolina Healthcare Association

Kathryn West *Wake*
Real Estate Broker
Berkshire Hathaway HomeServices YSU

Kathleen Evans *Mecklenburg*
Regional Director
AT&T - North Carolina

Anna-Marshall Wilson *Wake*
Strategic Communications Consultant

Each planning committee for the Class XXVIII program year is made up of members from LNC Class XXVII

Tuesday, February 2, 2021

2:25 – 2:30 pm Zoom Link: [Log into Zoom Waiting Room for Screening of “Resilience”](#)

2:30 – 4:30 pm Screening of “Resilience” and Facilitated Discussion (Optional)
[Advance RSVP required](#)

Iris Peoples Green
*Director of Constituent Services
Disability Rights North Carolina*

Cas Shearin
*Media Strategist/Senior Writer
Disability Rights North Carolina*

4:30 – 5:00 pm Break
[Grab your favorite beverage to enjoy during the reception.](#)

4:55 – 5:00 pm Zoom Link: [Log into Zoom Waiting Room for Virtual Reception](#)

5:00 – 6:00 pm Virtual Session Reception (Optional)
[Advance RSVP required](#)

Wednesday, February 3, 2021

8:25 – 8:30 am Zoom Link: [Log into Zoom Waiting Room for Wednesday Program](#)

8:30 – 9:00 am Setting the Stage

David Bohm, Program Chair
*Director of Development
myFutureNC
LNC Class XXVII Alumnus and Class XXVIII Program Chair*

Dawn Daly-Mack, Co-Chair
*ACO Care Coordinator
Rural Health Group
LNC Class XXVII Alumna and HHS Session Co-Chair*

TJ Newton, Co-Chair
*Director, Actuarial Services and Healthcare Economics
Blue Cross and Blue Shield of North Carolina
LNC Class XXVII Alumnus and HHS Session Co-Chair*

9:00 – 9:55 am Health and Human Services in North Carolina

The Honorable Mandy Cohen
*Secretary
North Carolina Department of Health and Human Services*

9:55 – 10:20 am Morning Break
[Stay logged in, mute mic and camera.](#)

10:20 – 10:40 am Mindful Movement: Chair Yoga
[Start seated in a stable chair \(no wheels, or wheels are locked\) that allows your feet to be on the ground.
Accommodations will be suggested as needed.](#)

Carey Sims
*Instructor
Carey Sims Yoga*

10:40 – 11:00 am Medicaid and Medicare: A Primer

Tommy O'Connor
*CEO, Medicare NC and SC
UnitedHealthcare
LNC Class XXVII Alumnus and HHS Session Planning Committee*

11:00 – 11:30 am Class Business

LNC Team

11:30 am – 12:00 pm	Trauma and Resilience	Victor Armstrong <i>Director, NC Division of Mental Health, Developmental Disabilities, and Substance Abuse Services North Carolina Department of Health and Human Services</i>
12:00 – 1:00 pm	Lunch Stay logged in, mute mic and camera. Return at 12:55 pm for bonus content.	
1:00 – 2:10 pm	Disparities in Health and Healthcare in North Carolina	Victor Armstrong <i>Director, NC Division of Mental Health, Developmental Disabilities, and Substance Abuse Services North Carolina Department of Health and Human Services</i>
		Dr. Blythe Winchester <i>Geriatrician, Cherokee Indian Hospital Certified Medical Director, Tsali Care Center Chief Clinical Consultant, Geriatrics and Palliative Care, Indian Health Service</i>
2:10 – 2:30 pm	Break Stay logged in, mute mic and camera.	
2:30 – 3:30 pm	Building Connections	LNC Class XXVIII
3:30 – 4:00 pm	Reflections and Closing	

Thursday, February 4, 2021

8:25 – 8:30 am	Zoom Link: Log into Zoom Waiting Room for Thursday Program	
8:30 – 8:50 am	Morning Reflections	David Bohm, Program Chair <i>Director of Development myFutureNC LNC Class XXVII Alumnus and Class XXVIII Program Chair</i>
8:50 – 9:30 am	Food Insecurity	Tamara Baker <i>Project and Communications Director Carolina Hunger Initiative</i>
9:30 – 9:45 am	“Making Ends Meet” Simulation Instructions “Making Ends Meet” sponsored by Harris Teeter	Joanne Peters Denny <i>Director of Media Relations The University of North Carolina at Chapel Hill LNC Class XXVII Alumna and HHS Session Committee Member</i>
		Rachel Wade Kahungi <i>Director, Specialty Field Reimbursement Manager GlaxoSmithKline LNC Class XXVII Alumna and HHS Session Committee Member</i>
9:45 – 10:15 am	Break Stay logged in, mute mic and camera.	
10:15 – 11:00 am	“Making Ends Meet” Simulation	LNC Class XXVIII
11:00 – 11:25 am	“Making Ends Meet” Debrief	LNC Class XXVIII

11:25 am – 12:25 pm	Lunch Stay logged in, mute mic and camera. Return at 12:20 pm for bonus content.	
12:25 – 1:25 pm	The Safety Net in Action	<p>Elisha McLawhorn <i>Associate Director of Program Operations</i> <i>Triangle Residential Options for Substance Abusers (TROSA)</i> <i>LNC Class XXVII Alumna</i></p> <p>George Edmonds <i>Regional Program Director</i> <i>Youth Villages</i></p> <p>Elina, LifeSet Scholar</p>
1:25 – 1:35 pm	Break Stay logged in, mute mic and camera.	
1:35 – 2:20 pm	The Graying of North Carolina	<p>Dr. Catherine Harvey Sevier <i>North Carolina State President</i> <i>AARP North Carolina</i></p>
2:20 – 2:30 pm	Wrap-Up and Adjourn	LNC Team